TERM 6 - NOVEMBER 2026 TO JANUARY 2027
PXD ACADEMY @ CARPENTER STREET (PEGASUS ROOM)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
NOVEMBER >>>						
START OF NEW MONTH FOR NON LEVEL CLASSES >>>						
2 645PM - 745PM **LEVEL X HYDRA** (8W) **(LISA)** 750PM - 850PM **LEVEL X HADES** (8W) **(LOUIS)**	3 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X POSEIDON 1** (8W) **(LOUIS/DIONNE)** **POLE PRACTICE 9.00PM - 10.00PM**	4 700PM - 815PM (75mins) **CREATIVE EXO FLOW - INTRO (LOUIS)** (5W) 830PM - 930PM **LEVEL X FAIRY** (8W) **(DIONNE)**	5 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X DRAGON** (8W) **(DIONNE)** 855PM - 955PM **LEVEL X HYDRA** (8W) **(LOUIS)**	6 645PM - 745PM **MASTERS TO NOWHERE** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HERA** (8W) **(LOUIS)**	7 **POLE PRACTICE 11.00AM - 12.00NN** 1205PM - 105PM **LEVEL X HADES** (8W) **(LOUIS)** 110PM - 210PM **LEVEL X HYDRA** (8W) **(ANGE)** **POLE PRACTICE 2.30PM - 3.30PM** **POLE PRACTICE 3.30PM - 4.30PM**	8 **POLE PRACTICE 11.00AM - 12.00NN** **POLE PRACTICE 12.00NN - 1.00PM** 130PM - 245PM (75mins) **MANDO HEELS OPEN (WEI WEI)** (5W)
START OF TERM 6 2026/2027 FOR LEVEL CLASSES						
9 750PM - 850PM **LEVEL X POSEIDON 1** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HADES** (8W) **(LOUIS)**	10 **CREATIVITY DAY**	11 700PM - 815PM (75mins) **CREATIVE EXO FLOW - INTRO (ARICA)** (5W)	12 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X ELF** (8W) **(DIONNE)** 855PM - 955PM **LEVEL X HYDRA** (8W) **(LOUIS)**	13 645PM - 745PM **MASTERS TO NOWHERE** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HERA** (8W) **(WEI WEI)**	14 **POLE PRACTICE 11.00AM - 12.00NN** 1205PM - 105PM **LEVEL X HADES** (8W) **(LOUIS)** 110PM - 210PM **LEVEL X HYDRA** (8W) **(ANGE)** **POLE PRACTICE 2.30PM - 3.30PM** **POLE PRACTICE 3.30PM - 4.30PM**	15 **POLE PRACTICE 11.00AM - 12.00NN** **POLE PRACTICE 12.00NN - 1.00PM** 130PM - 245PM (75mins) **MANDO HEELS OPEN (LOUIS)** (5W)
16 750PM - 850PM **LEVEL X POSEIDON 1** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HADES** (8W) **(LOUIS)**	17 645PM - 745PM **LEVEL X GRIFFIN-HYDRA** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X POSEIDON 2** (8W) **(LOUIS/DIONNE)** **POLE PRACTICE 9.00PM - 10.00PM**	18 700PM - 815PM (75mins) **CREATIVE EXO FLOW - INTRO (ERINA)** (5W)	19 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X ELF** (8W) **(DIONNE)** 855PM - 955PM **LEVEL X HYDRA** (8W) **(LOUIS)**	20 645PM - 745PM **MASTERS TO NOWHERE** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HERA** (8W) **(WEI WEI)**	21 **POLE PRACTICE 11.00AM - 12.00NN** 1205PM - 105PM **LEVEL X HADES** (8W) **(LOUIS)** 110PM - 210PM **LEVEL X HYDRA** (8W) **(ANGE)** **POLE PRACTICE 2.30PM - 3.30PM** **POLE PRACTICE 3.30PM - 4.30PM**	22 **POLE PRACTICE 11.00AM - 12.00NN** **POLE PRACTICE 12.00NN - 1.00PM** 130PM - 245PM (75mins) **MANDO HEELS OPEN (DIONNE)** (5W)
23 750PM - 850PM **LEVEL X POSEIDON 1** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HADES** (8W) **(LOUIS)**	24 645PM - 745PM **LEVEL X GRIFFIN-HYDRA** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X POSEIDON 2** (8W) **(LOUIS/DIONNE)** **POLE PRACTICE 9.00PM - 10.00PM**	25 700PM - 815PM (75mins) **CREATIVE EXO FLOW - INTRO (DIONNE)** (5W)	26 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X ELF** (8W) **(DIONNE)** 855PM - 955PM **LEVEL X HYDRA** (8W) **(LOUIS)**	27 645PM - 745PM **MASTERS TO NOWHERE** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HERA** (8W) **(WEI WEI)**	28 **POLE PRACTICE 11.00AM - 12.00NN** 1205PM - 105PM **LEVEL X HADES** (8W) **(LOUIS)** 110PM - 210PM **LEVEL X HYDRA** (8W) **(ANGE)** **POLE PRACTICE 2.30PM - 3.30PM** **POLE PRACTICE 3.30PM - 4.30PM**	29 **POLE PRACTICE 11.00AM - 12.00NN** **POLE PRACTICE 12.00NN - 1.00PM** 130PM - 245PM (75mins) **MANDO HEELS OPEN (LISA)** (5W)
	DECEMBER >>>					
30 750PM - 850PM **LEVEL X POSEIDON 1** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HADES** (8W) **(LOUIS)**	1 645PM - 745PM **LEVEL X GRIFFIN-HYDRA** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X POSEIDON 2** (8W) **(LOUIS/DIONNE)** **POLE PRACTICE 9.00PM - 10.00PM**	2 700PM - 815PM (75mins) **CREATIVE EXO FLOW - INTRO (WEI WEI)** (5W)	3 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X ELF** (8W) **(DIONNE)** 855PM - 955PM **LEVEL X HYDRA** (8W) **(LOUIS)**	4 645PM - 745PM **MASTERS TO NOWHERE** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HERA** (8W) **(WEI WEI)**	5 **POLE PRACTICE 11.00AM - 12.00NN** 1205PM - 105PM **LEVEL X HADES** (8W) **(LOUIS)** 110PM - 210PM **LEVEL X HYDRA** (8W) **(ANGE)** **POLE PRACTICE 2.30PM - 3.30PM** **POLE PRACTICE 3.30PM - 4.30PM**	6 **POLE PRACTICE 11.00AM - 12.00NN** **POLE PRACTICE 12.00NN - 1.00PM** 130PM - 245PM (75mins) **MANDO HEELS OPEN (HAZEL)** (5W)
START OF NEW MONTH FOR NON LEVEL CLASSES >>>						
7 750PM - 850PM **LEVEL X POSEIDON 1** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HADES** (8W) **(LOUIS)**	8 645PM - 745PM **LEVEL X GRIFFIN-HYDRA** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X POSEIDON 2** (8W) **(LOUIS/DIONNE)** **POLE PRACTICE 9.00PM - 10.00PM**	9 **TBC**	10 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X ELF** (8W) **(DIONNE)** 855PM - 955PM **LEVEL X HYDRA** (8W) **(LOUIS)**	11 645PM - 745PM **MASTERS TO NOWHERE** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HERA** (8W) **(WEI WEI)**	12 **POLE PRACTICE 11.00AM - 12.00NN** 1205PM - 105PM **LEVEL X HADES** (8W) **(LOUIS)** 110PM - 210PM **LEVEL X HYDRA** (8W) **(ANGE)** **POLE PRACTICE 2.30PM - 3.30PM** **POLE PRACTICE 3.30PM - 4.30PM**	13 **POLE PRACTICE 11.00AM - 12.00NN** **POLE PRACTICE 12.00NN - 1.00PM** **TBC**
14 750PM - 850PM **LEVEL X POSEIDON 1** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HADES** (8W) **(LOUIS)**	15 645PM - 745PM **LEVEL X GRIFFIN-HYDRA** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X POSEIDON 2** (8W) **(LOUIS/DIONNE)** **POLE PRACTICE 9.00PM - 10.00PM**	16 **TBC**	17 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X ELF** (8W) **(DIONNE)** 855PM - 955PM **LEVEL X HYDRA** (8W) **(LOUIS)**	18 645PM - 745PM **MASTERS TO NOWHERE** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HERA** (8W) **(WEI WEI)**	19 **POLE PRACTICE 11.00AM - 12.00NN** 1205PM - 105PM **LEVEL X HADES** (8W) **(LOUIS)** 110PM - 210PM **LEVEL X HYDRA** (8W) **(ANGE)** **POLE PRACTICE 2.30PM - 3.30PM** **POLE PRACTICE 3.30PM - 4.30PM**	20 **POLE PRACTICE 11.00AM - 12.00NN** **POLE PRACTICE 12.00NN - 1.00PM** **TBC**
21 750PM - 850PM **LEVEL X POSEIDON 1** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HADES** (8W) **(LOUIS)**	22 645PM - 745PM **LEVEL X GRIFFIN-HYDRA** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X POSEIDON 2** (8W) **(LOUIS/DIONNE)** **POLE PRACTICE 9.00PM - 10.00PM**	23 **TBC**	24 **MERRY CHRISTMAS EVE**	25 **MERRY CHRISTMAS**	26 **POLE PRACTICE 11.00AM - 12.00NN** 1205PM - 105PM **LEVEL X HADES** (8W) **(LOUIS)** 110PM - 210PM **LEVEL X HYDRA** (8W) **(ANGE)** **POLE PRACTICE 2.30PM - 3.30PM** **POLE PRACTICE 3.30PM - 4.30PM**	27 **POLE PRACTICE 11.00AM - 12.00NN** **POLE PRACTICE 12.00NN - 1.00PM** **TBC**
				JANUARY >>>		
28 750PM - 850PM **LEVEL X POSEIDON 1** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HADES** (8W) **(LOUIS)**	29 645PM - 745PM **LEVEL X GRIFFIN-HYDRA** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X POSEIDON 2** (8W) **(LOUIS/DIONNE)** **POLE PRACTICE 9.00PM - 10.00PM**	30 **TBC**	31 **HAPPY NEW YEAR'S EVE**	1 645PM - 745PM **MASTERS TO NOWHERE** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HERA** (8W) **(WEI WEI)**	2 **CREATIVITY DAY**	3 **CREATIVITY DAY**
4 **CREATIVITY DAY**	5 **CREATIVITY DAY**	6 **CREATIVITY DAY**	7 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X ELF** (8W) **(DIONNE)** 855PM - 955PM **LEVEL X HYDRA** (8W) **(LOUIS)**	8 645PM - 745PM **MASTERS TO NOWHERE** (8W) **(LOUIS)** 750PM - 850PM **LEVEL X HERA** (8W) **(WEI WEI)**	9 **POLE PRACTICE 11.00AM - 12.00NN** 1205PM - 105PM **LEVEL X HADES** (8W) **(LOUIS)** 110PM - 210PM **LEVEL X HYDRA** (8W) **(ANGE)** **POLE PRACTICE 2.30PM - 3.30PM** **POLE PRACTICE 3.30PM - 4.30PM**	10 **POLE PRACTICE 11.00AM - 12.00NN** **POLE PRACTICE 12.00NN - 1.00PM**
START OF NEW MONTH FOR NON LEVEL CLASSES >>>						
TERM 1 2027				**TERM 1 2027 FOR LEVEL CLASSES**		
11 **TERM 1 2027**	12 645PM - 745PM **LEVEL X GRIFFIN-HYDRA** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X POSEIDON 2** (8W) **(LOUIS/DIONNE)** **POLE PRACTICE 9.00PM - 10.00PM**	13 **TBC** **TBC**	14 645PM - 745PM **LEVEL X GRIFFIN** (8W) **(DIONNE)** 750PM - 850PM **LEVEL X ELF** (8W) **(DIONNE)** 855PM - 955PM **LEVEL X HYDRA** (8W) **(LOUIS)**	15 **TERM 1 2027**	16 **TERM 1 2027**	17 **TERM 1 2027**