



**TERM 3 - MAY TO JULY 2026**  
**PXD ACADEMY @ CARPENTER STREET (MINOTAUR ROOM)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>MAY &gt;&gt;&gt;</b>						
<b>START OF TERM 3 2026 FOR LEVEL CLASSES &gt;&gt;&gt;</b>						
<b>START OF NEW MONTH FOR NON LEVEL CLASSES &gt;&gt;&gt;</b>						
18	19	20	21	22	23	24
645PM - 745PM LEVEL X ANGEL (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) DARK & SEDUCTIVE FLOW BEG (LOUIS) (5W)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POS-PERS (8W) (DIONNE)	1205PM - 105PM LEVEL X HYDRA (8W) (ANGE)	1200PM - 130PM FLEXY BOOTCAMP SPECIAL (16W) (Week 2)
NO CLASS	750PM - 850PM LEVEL X GRIFFIN (8W) (LOUIS)	830PM - 1000PM EXO FLOW INTENSE BC INTER (16W) (Week 2)	750PM - 850PM LEVEL X BASILISK (8W) (LOUIS)	800PM - 930PM EXO FLOW INTENSE BC BEG (16W) (Week 2)	110PM - 210PM LEVEL X HYDRA (8W) (ANGE)	NO CLASS
	855PM - 955PM LEVEL X HADES-HERA (8W) (LOUIS)		900PM - 1015PM (75 mins) SLINKY HEELS PRODUCTION (DIONNE) (4W)		215PM - 345PM FLEXY BOOTCAMP SPECIAL (16W) (Week 4)	
					400PM - 530PM EIPC TRAINING	
25	26	27	28	29	30	31
645PM - 745PM LEVEL X ANGEL (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) DARK & SEDUCTIVE FLOW BEG (DIONNE) (5W)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POS-PERS (8W) (DIONNE)	1205PM - 105PM LEVEL X HYDRA (8W) (ANGE)	1200PM - 130PM FLEXY BOOTCAMP SPECIAL (16W) (Week 3)
NO CLASS	750PM - 850PM LEVEL X GRIFFIN (8W) (LOUIS)	830PM - 1000PM EXO FLOW INTENSE BC INTER (16W) (Week 3)	750PM - 850PM LEVEL X BASILISK (8W) (LOUIS)	800PM - 930PM EXO FLOW INTENSE BC BEG (16W) (Week 3)	110PM - 210PM LEVEL X HYDRA (8W) (ANGE)	130PM - 300PM EXO FLOW INTENSE BC INTER (16W) (Week 2)
	855PM - 955PM LEVEL X HADES-HERA (8W) (LOUIS)		900PM - 1015PM (75 mins) SLINKY HEELS PRODUCTION (ANGE) (4W)		215PM - 345PM FLEXY BOOTCAMP SPECIAL (16W) (Week 5)	
					400PM - 530PM EIPC TRAINING	
<b>JUNE &gt;&gt;&gt;</b>						
1	2	3	4	5	6	7
645PM - 745PM LEVEL X ANGEL (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) DARK & SEDUCTIVE FLOW BEG (ANGE) (5W)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POS-PERS (8W) (DIONNE)	1205PM - 105PM LEVEL X HYDRA (8W) (ANGE)	1200PM - 130PM FLEXY BOOTCAMP SPECIAL (16W) (Week 4)
800PM - 930PM SLINKY HEELS BOOTCAMP 2 (16W) (Week 1)	750PM - 850PM LEVEL X GRIFFIN (8W) (LOUIS)	830PM - 1000PM EXO FLOW INTENSE BC INTER (16W) (Week 4)	750PM - 850PM LEVEL X BASILISK (8W) (LOUIS)	800PM - 930PM EXO FLOW INTENSE BC BEG (16W) (Week 4)	110PM - 210PM LEVEL X HYDRA (8W) (ANGE)	130PM - 300PM EXO FLOW INTENSE BC INTER (16W) (Week 3)
	855PM - 955PM LEVEL X HADES-HERA (8W) (LOUIS)		900PM - 1015PM (75 mins) SLINKY HEELS PRODUCTION (WEI) (4W)		215PM - 345PM FLEXY BOOTCAMP SPECIAL (16W) (Week 6)	
					400PM - 530PM EIPC TRAINING	
8	9	10	11	12	13	14
645PM - 745PM LEVEL X ANGEL (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) DARK & SEDUCTIVE FLOW BEG (WEI) (5W)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POS-PERS (8W) (DIONNE)	1205PM - 105PM LEVEL X HYDRA (8W) (ANGE)	1200PM - 130PM FLEXY BOOTCAMP SPECIAL (16W) (Week 5)
800PM - 930PM SLINKY HEELS BOOTCAMP 2 (16W) (Week 2)	750PM - 850PM LEVEL X GRIFFIN (8W) (LOUIS)	830PM - 1000PM EXO FLOW INTENSE BC INTER (16W) (Week 5)	750PM - 850PM LEVEL X BASILISK (8W) (LOUIS)	800PM - 930PM EXO FLOW INTENSE BC BEG (16W) (Week 5)	110PM - 210PM LEVEL X HYDRA (8W) (ANGE)	130PM - 300PM EXO FLOW INTENSE BC INTER (16W) (Week 4)
	855PM - 955PM LEVEL X HADES-HERA (8W) (LOUIS)		900PM - 1015PM (75 mins) SLINKY HEELS PRODUCTION (LOUIS) (4W)		215PM - 345PM FLEXY BOOTCAMP SPECIAL (16W) (Week 7)	
					400PM - 530PM EIPC TRAINING	
15	16	17	18	19	20	21
645PM - 745PM LEVEL X ANGEL (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) DARK & SEDUCTIVE FLOW BEG (LISA) (5W)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POS-PERS (8W) (DIONNE)	1205PM - 105PM LEVEL X HYDRA (8W) (ANGE)	1200PM - 130PM FLEXY BOOTCAMP SPECIAL (16W) (Week 6)
800PM - 930PM SLINKY HEELS BOOTCAMP 2 (16W) (Week 3)	750PM - 850PM LEVEL X GRIFFIN (8W) (LOUIS)	830PM - 1000PM EXO FLOW INTENSE BC INTER (16W) (Week 6)	750PM - 850PM LEVEL X BASILISK (8W) (LOUIS)	800PM - 930PM EXO FLOW INTENSE BC BEG (16W) (Week 6)	110PM - 210PM LEVEL X HYDRA (8W) (ANGE)	130PM - 300PM EXO FLOW INTENSE BC INTER (16W) (Week 5)
	855PM - 955PM LEVEL X HADES-HERA (8W) (LOUIS)				215PM - 345PM FLEXY BOOTCAMP SPECIAL (16W) (Week 8)	
					400PM - 530PM EIPC TRAINING	
<b>START OF NEW MONTH FOR NON LEVEL CLASSES &gt;&gt;&gt;</b>						
22	23	24	25	26	27	28
645PM - 745PM LEVEL X ANGEL (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	TBC	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POS-PERS (8W) (DIONNE)	1205PM - 105PM LEVEL X HYDRA (8W) (ANGE)	1200PM - 130PM FLEXY BOOTCAMP SPECIAL (16W) (Week 7)
800PM - 930PM SLINKY HEELS BOOTCAMP 2 (16W) (Week 4)	750PM - 850PM LEVEL X GRIFFIN (8W) (LOUIS)	830PM - 1000PM EXO FLOW INTENSE BC INTER (16W) (Week 7)	750PM - 850PM LEVEL X BASILISK (8W) (LOUIS)	800PM - 930PM EXO FLOW INTENSE BC BEG (16W) (Week 7)	110PM - 210PM LEVEL X HYDRA (8W) (ANGE)	130PM - 300PM EXO FLOW INTENSE BC INTER (16W) (Week 6)
	855PM - 955PM LEVEL X HADES-HERA (8W) (LOUIS)		TBC		215PM - 345PM FLEXY BOOTCAMP SPECIAL (16W) (Week 9)	
					400PM - 530PM EIPC TRAINING	
<b>JULY &gt;&gt;&gt;</b>						
29	30	1	2	3	4	5
645PM - 745PM LEVEL X ANGEL (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	TBC	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POS-PERS (8W) (DIONNE)	1205PM - 105PM LEVEL X HYDRA (8W) (ANGE)	1200PM - 130PM FLEXY BOOTCAMP SPECIAL (16W) (Week 8)
800PM - 930PM SLINKY HEELS BOOTCAMP 2 (16W) (Week 5)	750PM - 850PM LEVEL X GRIFFIN (8W) (LOUIS)	830PM - 1000PM EXO FLOW INTENSE BC INTER (16W) (Week 8)	750PM - 850PM LEVEL X BASILISK (8W) (LOUIS)	800PM - 930PM EXO FLOW INTENSE BC BEG (16W) (Week 8)	110PM - 210PM LEVEL X HYDRA (8W) (ANGE)	130PM - 300PM EXO FLOW INTENSE BC INTER (16W) (Week 7)
	855PM - 955PM LEVEL X HADES-HERA (8W) (LOUIS)		TBC		215PM - 345PM FLEXY BOOTCAMP SPECIAL (16W) (Week 10)	
6	7	8	9	10	11	12
645PM - 745PM LEVEL X ANGEL (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	TBC	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POS-PERS (8W) (DIONNE)	1205PM - 105PM LEVEL X HYDRA (8W) (ANGE)	1200PM - 130PM FLEXY BOOTCAMP SPECIAL (16W) (Week 9)
800PM - 930PM SLINKY HEELS BOOTCAMP 2 (16W) (Week 6)	750PM - 850PM LEVEL X GRIFFIN (8W) (LOUIS)	830PM - 1000PM EXO FLOW INTENSE BC INTER (16W) (Week 9)	750PM - 850PM LEVEL X BASILISK (8W) (LOUIS)	800PM - 930PM EXO FLOW INTENSE BC BEG (16W) (Week 9)	110PM - 210PM LEVEL X HYDRA (8W) (ANGE)	130PM - 300PM EXO FLOW INTENSE BC INTER (16W) (Week 8)
	855PM - 955PM LEVEL X HADES-HERA (8W) (LOUIS)		TBC		215PM - 345PM FLEXY BOOTCAMP SPECIAL (16W) (Week 11)	