



TERM 1 - JANUARY TO MARCH 2026
PXD ACADEMY @ CARPENTER STREET (MINOTAUR ROOM)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
JANUARY >>>						
START OF TERM 1 2026 FOR LEVEL CLASSES						
12	13	14	15	16	17	18
645PM - 745PM LEVEL X GRIFFIN (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM NEW>> EXO ORI NEW WAY (LOUIS) (3W)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POSEIDON (8W) (DIONNE)	1205PM - 105PM LEVEL X GRIFFIN (8W) (ANGE)	1200PM - 130PM SLINKY HEELS BOOTCAMP (16W) (Week 2)
800PM - 930PM SLINKY HEELS BOOTCAMP (16W) (Week 1)	750PM - 850PM LEVEL X FAIRY (8W) (LOUIS)	830PM - 1000PM SLINKY HEELS BOOTCAMP (16W) (Week 2)	750PM - 850PM LEVEL X POSEIDON (8W) (DIONNE)	800PM - 930PM EXO PUSH START MINI BC (8W) (Week 2)	110PM - 210PM LEVEL X GRIFFIN-HYDRA (8W) (ALE)	130PM - 245PM (75 mins) HEELS TRICKS (8W) (Week 6)
	855PM - 955PM SPECIAL STRENGTH & FLEXY WS (8W)		900PM - 1015PM (75 mins) SULTRY SLINKY HEELS (HAZEL) (4W)		215PM - 345PM 3-IN-1 EXO BOOTCAMP (16W) (Week 5)	
19	20	21	22	23	24	25
645PM - 745PM LEVEL X GRIFFIN (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) EXO ORI NEW WAY (ANGE) (3W)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POSEIDON (8W) (DIONNE)	1205PM - 105PM LEVEL X GRIFFIN (8W) (ANGE)	1200PM - 130PM SLINKY HEELS BOOTCAMP (16W) (Week 3)
800PM - 930PM SLINKY HEELS BOOTCAMP (16W) (Week 2)	750PM - 850PM LEVEL X FAIRY (8W) (LOUIS)	830PM - 1000PM SLINKY HEELS BOOTCAMP (16W) (Week 3)	750PM - 850PM LEVEL X POSEIDON (8W) (DIONNE)	800PM - 930PM EXO PUSH START MINI BC (8W) (Week 3)	110PM - 210PM LEVEL X GRIFFIN-HYDRA (8W) (ALE)	130PM - 245PM (75 mins) HEELS TRICKS (8W) (Week 7)
	855PM - 955PM SPECIAL STRENGTH & FLEXY WS (8W)		900PM - 1015PM (75 mins) SULTRY SLINKY HEELS (SERA) (4W)		215PM - 345PM 3-IN-1 EXO BOOTCAMP (16W) (Week 6)	
FEBRUARY >>>						
26	27	28	29	30	31	1
645PM - 745PM LEVEL X GRIFFIN (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) EXO ORI NEW WAY (DIONNE) (3W)	CREATIVITY HOUR		645PM - 745PM LEVEL X POSEIDON (8W) (DIONNE)	1205PM - 105PM LEVEL X GRIFFIN (8W) (ANGE)
800PM - 930PM SLINKY HEELS BOOTCAMP (16W) (Week 3)	750PM - 850PM LEVEL X FAIRY (8W) (LOUIS)	830PM - 1000PM SLINKY HEELS BOOTCAMP (16W) (Week 4)			800PM - 930PM EXO PUSH START MINI BC (8W) (Week 4)	110PM - 210PM LEVEL X GRIFFIN-HYDRA (8W) (ALE)
	855PM - 955PM SPECIAL STRENGTH & FLEXY WS (8W)		900PM - 1015PM (75 mins) SULTRY SLINKY HEELS (ERINA) (4W)		215PM - 345PM 3-IN-1 EXO BOOTCAMP (16W) (Week 7)	1200PM - 130PM SLINKY HEELS BOOTCAMP (16W) (Week 4)
START OF NEW MONTH FOR NON LEVEL CLASSES >>>						
2	3	4	5	6	7	8
645PM - 745PM LEVEL X GRIFFIN (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM NEW>> ROCK N HEELS BEG (4W) (DIONNE)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POSEIDON (8W) (DIONNE)	1205PM - 105PM LEVEL X GRIFFIN (8W) (ANGE)	1200PM - 130PM SLINKY HEELS BOOTCAMP (16W) (Week 5)
800PM - 930PM SLINKY HEELS BOOTCAMP (16W) (Week 4)	750PM - 850PM LEVEL X FAIRY (8W) (LOUIS)	830PM - 1000PM SLINKY HEELS BOOTCAMP (16W) (Week 5)	750PM - 850PM LEVEL X POSEIDON (8W) (DIONNE)	800PM - 930PM EXO PUSH START MINI BC (8W) (Week 5)	110PM - 210PM LEVEL X GRIFFIN-HYDRA (8W) (ALE)	130PM - 230PM LEVEL X ELF (8W) (WEI WEI)
	855PM - 955PM SPECIAL STRENGTH & FLEXY WS (8W)				215PM - 345PM 3-IN-1 EXO BOOTCAMP (16W) (Week 8)	
9	10	11	12	13	14	15
645PM - 745PM LEVEL X GRIFFIN (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) ROCK N HEELS BEG (4W) (LOUIS)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POSEIDON (8W) (DIONNE)	1205PM - 105PM LEVEL X GRIFFIN (8W) (ANGE)	1200PM - 130PM SLINKY HEELS BOOTCAMP (16W) (Week 6)
800PM - 930PM SLINKY HEELS BOOTCAMP (16W) (Week 5)	750PM - 850PM LEVEL X FAIRY (8W) (LOUIS)	830PM - 1000PM SLINKY HEELS BOOTCAMP (16W) (Week 6)	750PM - 850PM LEVEL X POSEIDON (8W) (DIONNE)	800PM - 930PM EXO PUSH START MINI BC (8W) (Week 6)	110PM - 210PM LEVEL X GRIFFIN-HYDRA (8W) (ALE)	130PM - 245PM NEW>> EDGEWORK HEELS + COMBO (DIONNE) (Week 1)
	855PM - 955PM SPECIAL STRENGTH & FLEXY WS (8W)				215PM - 345PM 3-IN-1 EXO BOOTCAMP (16W) (Week 9)	
16	17	18	19	20	21	22
HAPPY LUNAR NEW YEAR!			645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POSEIDON (8W) (DIONNE)	1205PM - 105PM LEVEL X GRIFFIN (8W) (ANGE)	1200PM - 130PM SLINKY HEELS BOOTCAMP (16W) (Week 7)
			750PM - 850PM LEVEL X POSEIDON (8W) (DIONNE)	800PM - 930PM EXO PUSH START MINI BC (8W) (Week 7)	110PM - 210PM LEVEL X GRIFFIN-HYDRA (8W) (ALE)	130PM - 245PM (75 mins) EDGEWORK HEELS + COMBO (LOUIS) (Week 2)
					215PM - 345PM 3-IN-1 EXO BOOTCAMP (16W) (Week 10)	
MARCH >>>						
23	24	25	26	27	28	1
645PM - 745PM LEVEL X GRIFFIN (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) ROCK N HEELS BEG (4W) (WEI WEI)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)	645PM - 745PM LEVEL X POSEIDON (8W) (DIONNE)	1205PM - 105PM LEVEL X GRIFFIN (8W) (ANGE)	1200PM - 130PM SLINKY HEELS BOOTCAMP (16W) (Week 8)
800PM - 930PM SLINKY HEELS BOOTCAMP (16W) (Week 6)	750PM - 850PM LEVEL X FAIRY (8W) (LOUIS)	830PM - 1000PM SLINKY HEELS BOOTCAMP (16W) (Week 7)	750PM - 850PM LEVEL X POSEIDON (8W) (DIONNE)	800PM - 930PM EXO PUSH START MINI BC (8W) (Week 8)	110PM - 210PM LEVEL X GRIFFIN-HYDRA (8W) (ALE)	130PM - 245PM (75 mins) EDGEWORK HEELS + COMBO (KIM) (Week 3)
	855PM - 955PM SPECIAL STRENGTH & FLEXY WS (8W)				215PM - 345PM 3-IN-1 EXO BOOTCAMP (16W) (Week 11)	
2	3	4	5	6	7	8
645PM - 745PM LEVEL X GRIFFIN (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	700PM - 815PM (75 mins) ROCK N HEELS BEG (4W) (LISA)	645PM - 745PM LEVEL X HADES (8W) (LOUIS)			
800PM - 930PM SLINKY HEELS BOOTCAMP (16W) (Week 7)	750PM - 850PM LEVEL X FAIRY (8W) (LOUIS)	830PM - 1000PM SLINKY HEELS BOOTCAMP (16W) (Week 8)	750PM - 850PM LEVEL X POSEIDON (8W) (DIONNE)	CREATIVITY DAY		
	855PM - 955PM SPECIAL STRENGTH & FLEXY WS (8W)					
START OF NEW MONTH FOR NON LEVEL CLASSES >>>						
9	10	11	12	13	14	15
645PM - 745PM LEVEL X GRIFFIN (8W) (LOUIS)	645PM - 745PM LEVEL X HERA (8W) (LOUIS)	TBC		645PM - 745PM LEVEL X POSEIDON (8W) (LOUIS)	645PM - 745PM LEVEL X POSEIDON (8W) (DIONNE)	1205PM - 105PM LEVEL X GRIFFIN (8W) (ANGE)
	750PM - 850PM LEVEL X FAIRY (8W) (LOUIS)	830PM - 1000PM SLINKY HEELS BOOTCAMP (16W) (Week 9)	750PM - 850PM LEVEL X POSEIDON (8W) (DIONNE)			110PM - 210PM LEVEL X GRIFFIN-HYDRA (8W) (ALE)
	855PM - 955PM SPECIAL STRENGTH & FLEXY WS (8W)			TBC		
						215PM - 345PM 3-IN-1 EXO BOOTCAMP (16W) (Week 12)