



**TERM 2 - MARCH TO MAY 2026  
PXD ACADEMY @ CARPENTER STREET (PEGASUS ROOM)**

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   | SUNDAY  |
|---|--|--|--|---|--|---|
|   |  |  |  | <b>MAY &gt;&gt;&gt;</b>   |  |   |
| <b>27 WEEK 6/7</b>                                      | <b>28</b>  | <b>29</b>  | <b>30</b>  | <b>1</b>  | <b>2</b>   | <b>3</b>  |
| 645PM - 745PM<br><b>LEVEL X GRIFFIN (8W) (LISA)</b>     | 645PM - 745PM<br><b>LEVEL X DRAGON (8W) (DIONNE)</b>     | 700PM - 815PM (75 mins)<br><b>HEELS O'SCH THEME INTRO (ANGE) (5W)</b>  | 645PM - 745PM<br><b>LEVEL X ELF (8W) (DIONNE)</b>    | 645PM - 745PM<br><b>MASTERS TO NOWHERE (8W) (LOUIS)</b>                     | <b>POLE PRACTICE 11.00AM - 12.00NN</b>                   | <b>POLE PRACTICE 11.00AM - 12.00NN</b>                      |
| 750PM - 850PM<br><b>LEVEL X PERSEPHONE (8W) (LOUIS)</b> | 750PM - 850PM<br><b>LEVEL X POSEIDON 2 (8W) (DIONNE)</b> | 830PM - 930PM<br><b>LEVEL X ELF (8W) (LOUIS)</b>                       | 750PM - 850PM<br><b>LEVEL X DRAGON (8W) (LOUIS)</b>  | 750PM - 850PM<br><b>LEVEL X HADES-HERA (8W) (LOUIS)</b>                     | 1205PM - 105PM<br><b>LEVEL X PERS-HADES (8W) (LOUIS)</b> | <b>POLE PRACTICE 12.00NN - 1.00PM</b>                       |
|   | <b>POLE PRACTICE 9.00PM - 10.00PM</b>                    |  | 855PM - 955PM<br><b>LEVEL X GRIFFIN (8W) (LOUIS)</b> | 900PM - 1000PM<br><b>AERIAL HANDSPRING &amp; FLY-BY TASTER (4W) (LOUIS)</b> | 110PM - 210PM<br><b>LEVEL X BASILISK (8W) (LOUIS)</b>    | 130PM - 300PM<br><b>3-IN-1 EXO BOOTCAMP (16W) (Week 16)</b> |
|   |  |  |  |   | <b>POLE PRACTICE 2.30PM - 3.30PM</b>                     |   |
|   |  |  |  |   | <b>POLE PRACTICE 3.30PM - 4.30PM</b>                     |   |
| <b>4</b>  | <b>5</b>   | <b>6</b>   | <b>7</b>   | <b>8</b>  | <b>9</b>   | <b>10</b>   |
| 645PM - 745PM<br><b>LEVEL X GRIFFIN (8W) (LISA)</b>     | 645PM - 745PM<br><b>LEVEL X DRAGON (8W) (DIONNE)</b>     | 700PM - 815PM (75 mins)<br><b>HEELS O'SCH THEME INTRO (HAZEL) (5W)</b> | 645PM - 745PM<br><b>LEVEL X ELF (8W) (DIONNE)</b>    | <b>CREATIVITY DAY</b>   | <b>CREATIVITY DAY</b>                                    | <b>CREATIVITY DAY</b>                                       |
| 750PM - 850PM<br><b>LEVEL X PERSEPHONE (8W) (LOUIS)</b> | 750PM - 850PM<br><b>LEVEL X POSEIDON 2 (8W) (DIONNE)</b> | 830PM - 930PM<br><b>LEVEL X ELF (8W) (LOUIS)</b>                       | 750PM - 850PM<br><b>LEVEL X DRAGON (8W) (LOUIS)</b>  |   |  |   |
|   | <b>POLE PRACTICE 9.00PM - 10.00PM</b>                    |  | 855PM - 955PM<br><b>LEVEL X GRIFFIN (8W) (LOUIS)</b> |   |  |   |
| <b>11</b>   | <b>12</b>  | <b>13</b>  | <b>14</b>  | <b>15</b>   | <b>16</b>  | <b>17</b>   |
| 645PM - 745PM<br><b>LEVEL X GRIFFIN (8W) (LISA)</b>     | 645PM - 745PM<br><b>LEVEL X DRAGON (8W) (DIONNE)</b>     | 700PM - 815PM (75 mins)<br><b>HEELS O'SCH THEME INTRO (KIM) (5W)</b>   | 645PM - 745PM<br><b>LEVEL X ELF (8W) (DIONNE)</b>    | 645PM - 745PM<br><b>MASTERS TO NOWHERE (8W) (LOUIS)</b>                     | <b>POLE PRACTICE 11.00AM - 12.00NN</b>                   | <b>POLE PRACTICE 11.00AM - 12.00NN</b>                      |
| 750PM - 850PM<br><b>LEVEL X PERSEPHONE (8W) (LOUIS)</b> | 750PM - 850PM<br><b>LEVEL X POSEIDON 2 (8W) (DIONNE)</b> | 830PM - 930PM<br><b>LEVEL X ELF (8W) (LOUIS)</b>                       | 750PM - 850PM<br><b>LEVEL X DRAGON (8W) (LOUIS)</b>  | 750PM - 850PM<br><b>LEVEL X HADES-HERA (8W) (LOUIS)</b>                     | 1205PM - 105PM<br><b>LEVEL X PERS-HADES (8W) (LOUIS)</b> | <b>POLE PRACTICE 12.00NN - 1.00PM</b>                       |
|   | <b>POLE PRACTICE 9.00PM - 10.00PM</b>                    |  | 855PM - 955PM<br><b>LEVEL X GRIFFIN (8W) (LOUIS)</b> | 900PM - 1000PM<br><b>AERIAL HANDSPRING &amp; FLY-BY TASTER (4W) (LOUIS)</b> | 110PM - 210PM<br><b>LEVEL X BASILISK (8W) (LOUIS)</b>    | <b>TBC</b>  |
|   |  |  |  |   | <b>POLE PRACTICE 2.30PM - 3.30PM</b>                     |   |
|   |  |  |  |   | <b>POLE PRACTICE 3.30PM - 4.30PM</b>                     |   |